



August Support Meeting:

Chocolate Grief

Lori Wood

Thursday August 10, 2017

7:00 p.m. Logan Regional Hospital Classroom #7

Come spend the evening with us, explore and get to know what grief is all about, in a unique activity. Learn how others are surviving the grief process. If you are struggling with this process and need to talk, express your grief or just want to listen to learn about how others cope. This meeting is for you. Always remember both husbands and wives are welcome in our group. We can only help you if you come! We look forward to seeing you there

Upcoming Events:

- Sept 14 Cookies & Conversation
- October 7 Balloon Release
- October 12 Wave of Light



My name is *Lori Wood* and I come to share parents because I am RuthAnn's Mom and I love being known this way. RuthAnn is one of 4 angels that my family has waiting for us in heaven. RuthAnn is 5 years old I talk about her in the present tense because to me she is actually here with me. When I talk about her I am talking about all of my angels. She is in my daily walk and I love her presence. My husband Ryan and I have 3 living kids who fill our days with the good the funny, the concerning and the unexpected. I am self taught when it comes to grief. I believe that your heart knows the only way through your own specific grief, it is best to follow it. On August 10 we are going to have an open conversation about our journeys. We can help council each other at share parents, because we have all experienced a broken heart. I hope to meet new friends.



Mark you calendars!

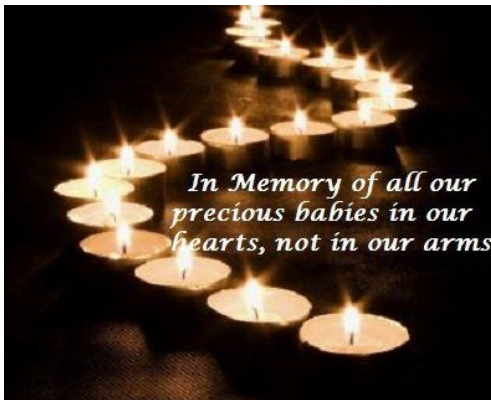


The Balloon Release
is coming up!!!



Saturday, October 7th

This is a unique opportunity to send messages to your little one in Heaven, in a supportive environment, with others who have suffered similar loss. The whole family is invited. A light lunch is served.



If you have a poem or story you would like to share about your precious angel, please email it to kristi@pizzaplusutah.com

For more information, contact:
 Logan: Patty Loosle: (435) 753-0687
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 Website: www.shareparents.com
Please contact us if you wish to have your name removed from our mailing list

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Share Parents of Cache Valley is a nonprofit organization. No dues or charges are required to attend SPCV meetings, use SPCV literary resources, or to receive SPCV newsletters. Donations provide funds for running our local Share Parents organization.

We appreciate your financial support.